

# **General Information Scotland**

# **Arrival and Departure for Residential Courses**

Please arrive at Alltshellach the <u>evening before</u> the start date of the course. You can arrive from 4pm to check in. An evening meal is provided on the night of arrival but cannot be saved for people arriving late.

Departure for all residential courses is the <u>morning after</u> your course finishes with breakfast included. Check out is at 10am.

Please remember that winter in Scotland can mean snow and ice on roads and rail causing bad or impossible travel conditions; therefore, please allow plenty of time for your journey.

Plas y Brenin cannot be held responsible for adverse weather conditions and in this respect, we cannot offer refunds or transfers of course fees. If you are late in arriving for a course, we will do our best to help you make up for lost time! Please try to contact Plas y Brenin if you are delayed on route.

If you are delayed please contact HF Holidays on 01855 821357 and let reception know. If you need to contact a member of Plas y Brenin staff, please call Plas y Brenin main centre on 01690 720214.

PLEASE NOTE ALL ML(W) COURSES ARE RUN ON A NON RESIDENTIAL BASIS AND ACCOMODATION AT ALLTSHELLACH HOUSE WILL NEED TO BE BOOKED SEPARATELY.

#### Accommodation

Accommodation will be in shared/twin en-suite rooms.

Alltshellach is a fantastic hotel owned and run by HF Holidays. Hairdryers will be available on request. However, it is recommended that guests bring their own toiletries for the duration of their stay.

There is also a WiFi Lounge.

For residential courses, all your meals are included - breakfast, packed lunch, afternoon tea and cakes and a three course evening meal, starting with dinner on the night you arrive and finishing with breakfast on the day you leave.

## **Extra Nights**

It may be possible to extend your last night stay (Sat) subject to availability, this can be requested during the check in process on arrival for your course, or during the time of your stay at Alltshellach. You will need to make payment by debit or credit card direct with HF Holiday.

#### **Non Residential Courses**

Plas y Brenin's base in Scotland is HF Holidays Hotel Alltshellach, Onich, Fort William, Inverness-Shire PH33 6SA.

If you've booked on a non-residential course, you should plan to arrive by 7.45am for an 8.00am start on the first day of your course. You will need to have a packed lunch with you, as you will be out all day. Please note: non-residential courses do not include meals or accommodation.

#### Travel

## By Car

From the South, you can travel by car along the A82, through Glencoe and over the Ballachulish Bridge towards Fort William. When you reach Ballachulish Bridge, take the second road on the right after crossing the bridge, signposted B863 Kinlochleven. Alltshellach is a short distance along on the right (approx. 400 yards).

## By Train

You could also travel by train. Most trains leaving from London Euston will take you direct to Glasgow Central Station. A short walk will take you to Glasgow Queen Street Station, from where trains leave to Fort William. Fort William is 13 miles from Alltshellach. You can take the overnight sleeper from London Euston direct to Fort William.

Scottish Citylink Buses (tel: 0871 266 33 33 or www.citylink.co.uk) depart from Fort William High Street fairly regular. Or take a taxi (approx. £15 with Blue Bird Taxis tel 01397 703000). Scottish Citylink also have a service from Buchanan Bus Station, Glasgow (close to Glasgow Queen Street Station). Both will stop just over the Bridge in **North Ballachulish (Kinlochleven Rd End A82/B863 stop)**; please ask the driver to stop at the Kinlochleven Rd End A82/B863 when you get on.

# By Bus

The final option is to travel by coach. National Express (tel 0871 781 8181 or www.nationalexpress.com) offer an extensive service throughout the country. Take a coach to Buchanan Bus Station, Glasgow. For onwards journey details from Glasgow, please see above.

## **By Plane**

It is also possible to fly into Glasgow from major UK airports and continue your journey across country from there.