

KIT LIST

BIG CHRISTMAS WALK



PLAS Y BRENIN
NATIONAL OUTDOOR CENTRE

Kit

WHAT DO I NEED TO BRING?

You will need to bring;

- Walking socks
- Wicking base layer
- Walking trousers – usually these will be a modern 'technical' quick drying fabric
- Fleece jacket or pullover
- Woolly hat and Gloves – need to be warm
- Spare clothing – e.g. extra fleece, spare gloves, spare hat, goggles
- Drinks bottle and/or flask, sandwich box

You should also bring them if you have them but, you can borrow these from our stores.

- Walking Boots
- Hard Shell Waterproofs
- Rucksack- ideally 35 litres min
- Ice axe and crampons