

KIT LIST



PLAS Y BRENNIN
NATIONAL OUTDOOR CENTRE

BMC FUNDamentals

Equipment List

BMC Fundamentals Kit List

You don't need much for this course. It's a mixture of classroom and practical in the climbing wall. Please bring the following items,

- Clothes you feel comfortable climbing in.
- Climbing shoes.
- A Chalk bag.
- Paper and pen for making notes.



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