

KIT LIST

Alpine prep course



PLAS Y BRENNIN
NATIONAL OUTDOOR CENTRE

Equipment List

Alpine prep Kit List

Here is a list of all the kit you may need during your course. We have a comprehensive stores department that can provide many items you may not have.

Climbing Kit

We can provide all the climbing kit you need for the course. However, if you already have your own then below is a list of what you're likely to use.

- Helmet
- Harness
- Belay Plate and screwgate carabiner
- Rock Climbing Shoes
- Screwgate carabiners
- 120cm sling
- Nut Key
- Prusiks

If you have your own racks with climbing nuts and cams etc. then you're welcome to bring them.

We will provide all climbing ropes for use during the course.



PLAS Y BRENNIN
NATIONAL OUTDOOR CENTRE